

Health Care Patterns - Sedentary Activity Report

Attribute	Benchmark		CSD/DM (5915055): West Vancouver, BC		
	CSD/CY (5915051): North Vancouver, BC				
	Count: -		Count: -		
	Value	Percent	Value	Percent	Index
Population aged 12 and over	56,471		41,861		
Sedentary Activity					
Num of hours - reading (including electronic format) - 7 d: None or less than 1 hour	10,168	18.01%	7,396	17.67%	98
Num of hours - reading (including electronic format) - 7 d: 1 to 2 hours	12,039	21.32%	8,746	20.89%	98
Num of hours - reading (including electronic format) - 7 d: 2.5 to 5 hours	12,174	21.56%	8,947	21.37%	99
Num of hours - reading (including electronic format) - 7 d: 5.5 to 10 hours	12,689	22.47%	9,520	22.74%	101
Num of hours - reading (including electronic format) - 7 d: 10.5 to 14 hours	4,914	8.70%	3,761	8.98%	103
Num of hours - reading (including electronic format) - 7 d: 14.5 to 20 hours	1,476	2.61%	1,132	2.70%	103
Num of hours - reading (including electronic format) - 7 d: 20.5 to 30 hours	2,392	4.24%	1,879	4.49%	106
Num of hours - reading (including electronic format) - 7 d: 30.5 to 40 hours	304	0.54%	231	0.55%	102
Num of hours - reading (including electronic format) - 7 d: Greater than 40 hours	316	0.56%	250	0.60%	107
Num of hours - watching TV/movies/Internet videos - 7 d: None or less than 1 hour	4,156	7.36%	3,046	7.28%	99
Num of hours - watching TV/movies/Internet videos - 7 d: 1 to 2 hours	5,595	9.91%	4,060	9.70%	98
Num of hours - watching TV/movies/Internet videos - 7 d: 2.5 to 5 hours	9,390	16.63%	6,832	16.32%	98
Num of hours - watching TV/movies/Internet videos - 7 d: 5.5 to 10 hours	14,032	24.85%	10,252	24.49%	99
Num of hours - watching TV/movies/Internet videos - 7 d: 10.5 to 14 hours	9,586	16.98%	7,212	17.23%	101
Num of hours - watching TV/movies/Internet videos - 7 d: 14.5 to 20 hours	3,749	6.64%	2,808	6.71%	101
Num of hours - watching TV/movies/Internet videos - 7 d: 20.5 to 30 hours	7,423	13.15%	5,683	13.58%	103
Num of hours - watching TV/movies/Internet videos - 7 d: 30.5 to 40 hours	1,352	2.39%	1,047	2.50%	105
Num of hours - watching TV/movies/Internet videos - 7 d: 40.5 to 50 hours	763	1.35%	595	1.42%	105
Num of hours - watching TV/movies/Internet videos - 7 d: 50.5 to 60 hours	182	0.32%	140	0.34%	106
Num of hours - watching TV/movies/Internet videos - 7 d: Greater than 60 hours	242	0.43%	185	0.44%	102

Health Care Patterns - Sedentary Activity Report

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC		CSD/DM (5915055): West Vancouver, BC		
	Count: -		Count: -		
	Value	Percent	Value	Percent	Index
Num of hours - playing video games requiring physical activity - 7 d: None or less than 1 hour	54,370	96.28%	40,308	96.29%	100
Num of hours - playing video games requiring physical activity - 7 d: 1 to 2 hours	982	1.74%	724	1.73%	99
Num of hours - playing video games requiring physical activity - 7 d: 2.5 to 5 hours	564	1.00%	411	0.98%	98
Num of hours - playing video games requiring physical activity - 7 d: 5.5 to 10 hours	293	0.52%	223	0.53%	102
Num of hours - playing video games requiring physical activity - 7 d: Greater than 10 hours	261	0.46%	196	0.47%	102
Num of hours - playing other video/computer games - 7 d: 1 to 2 hours	41,494	73.48%	30,779	73.53%	100
Num of hours - playing other video/computer games - 7 d: 2.5 to 5 hours	5,236	9.27%	3,841	9.18%	99
Num of hours - playing other video/computer games - 7 d: 5.5 to 10 hours	3,662	6.48%	2,720	6.50%	100
Num of hours - playing other video/computer games - 7 d: 10.5 to 14 hours	3,365	5.96%	2,512	6.00%	101
Num of hours - playing other video/computer games - 7 d: 14.5 to 20 hours	1,271	2.25%	941	2.25%	100
Num of hours - playing other video/computer games - 7 d: 20.5 to 30 hours	608	1.08%	460	1.10%	102
Num of hours - playing other video/computer games - 7 d: 30.5 to 40 hours	694	1.23%	508	1.21%	98
Num of hours - playing other video/computer games - 7 d: Greater than 40 hours	141	0.25%	100	0.24%	96
Num of hours - computer/tablet/smart phone - 7 d: None or less than 1 hour	9,543	16.90%	7,522	17.97%	106
Num of hours - computer/tablet/smart phone - 7 d: 1 to 2 hours	8,815	15.61%	6,479	15.48%	99
Num of hours - computer/tablet/smart phone - 7 d: 2.5 to 5 hours	11,743	20.80%	8,593	20.53%	99
Num of hours - computer/tablet/smart phone - 7 d: 5.5 to 10 hours	14,038	24.86%	10,233	24.45%	98
Num of hours - computer/tablet/smart phone - 7 d: 10.5 to 14 hours	5,770	10.22%	4,197	10.03%	98
Num of hours - computer/tablet/smart phone - 7 d: 14.5 to 20 hours	2,156	3.82%	1,588	3.79%	99
Num of hours - computer/tablet/smart phone - 7 d: 20.5 to 30 hours	2,914	5.16%	2,152	5.14%	100
Num of hours - computer/tablet/smart phone - 7 d: 30.5 to 40 hours	795	1.41%	587	1.40%	99
Num of hours - computer/tablet/smart phone - 7 d: Greater than 40 hours	696	1.23%	511	1.22%	99

Health Care Patterns - Sedentary Activity Report

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC		CSD/DM (5915055): West Vancouver, BC		
	Count: -		Count: -		
	Value	Percent	Value	Percent	Index
Total number hours/week - sedentary activities (excel reading): Less than 5 hours	5,418	9.59%	4,023	9.61%	100
Total number hours/week - sedentary activities (excel reading): 5 to 9 hours	9,339	16.54%	6,816	16.28%	98
Total number hours/week - sedentary activities (excel reading): 10 to 14 hours	9,966	17.65%	7,324	17.50%	99
Total number hours/week - sedentary activities (excel reading): 15 to 19 hours	6,876	12.18%	5,061	12.09%	99
Total number hours/week - sedentary activities (excel reading): 20 to 24 hours	7,785	13.79%	5,825	13.92%	101
Total number hours/week - sedentary activities (excel reading): 25 to 29 hours	4,985	8.83%	3,715	8.87%	100
Total number hours/week - sedentary activities (excel reading): 30 to 34 hours	2,693	4.77%	2,042	4.88%	102
Total number hours/week - sedentary activities (excel reading): 35 to 39 hours	2,980	5.28%	2,203	5.26%	100
Total number hours/week - sedentary activities (excel reading): 40 to 44 hours	2,033	3.60%	1,529	3.65%	101
Total number hours/week - sedentary activities (excel reading): 45 hours or more	4,397	7.79%	3,323	7.94%	102
Total number hours/week - sedentary activities: Less than 5 hours	2,398	4.25%	1,756	4.20%	99
Total number hours/week - sedentary activities: 5 to 9 hours	5,925	10.49%	4,299	10.27%	98
Total number hours/week - sedentary activities: 10 to 14 hours	7,830	13.87%	5,713	13.65%	98
Total number hours/week - sedentary activities: 15 to 19 hours	7,225	12.79%	5,271	12.59%	98
Total number hours/week - sedentary activities: 20 to 24 hours	7,556	13.38%	5,562	13.29%	99
Total number hours/week - sedentary activities: 25 to 29 hours	6,127	10.85%	4,535	10.83%	100
Total number hours/week - sedentary activities: 30 to 34 hours	4,344	7.69%	3,291	7.86%	102
Total number hours/week - sedentary activities: 35 to 39 hours	4,163	7.37%	3,150	7.53%	102
Total number hours/week - sedentary activities: 40 to 44 hours	3,028	5.36%	2,303	5.50%	103
Total number hours/week - sedentary activities: 45 hours or more	7,876	13.95%	5,981	14.29%	102

Index	Description
≥ 180	Extremely High
≥ 110 and < 180	High
≥ 90 and < 110	Similar
≥ 50 and < 90	Low
< 50	Extremely Low

Powered By: PolarisIntelligence.com

Data Source: Manifold Data Mining Inc.

This report is based on consumer demographic and behaviour data products at the 6-digit postal code level. No confidential information about an individual, household, organization or business has been obtained from Statistics Canada or Numeris.

Data Vintage: Data Vintage: 2022/2023